



STRIDE is a fun fitness and running program for boys. Boys have the chance to share their thoughts and opinions about various topics taught with the goal for helping develop excellent character.

PROGRAM FEE:

YMCA Members \$50.00
Program Participants: \$ 60.00
10 Week Program

Financial Assistance is available.
Contact your coach for an application.

SITE INFORMATION:

Program Start Date:

Practice Times:

5k Race:

Payment Due by:

FEE INCLUDES:

- 10 weeks of curriculum based lessons
- Trained coaches
- Lesson materials
- Program T-shirt
- 5K Registration
- End of season celebration
- Water bottle



Site Contact:

YMCA Information:

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